

Materials List for “Still Life Painting in the Realist Style”

Oregon Society of Artists Zoom Class

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You have the choice in this class to paint along with me (the instructor) or simply watch the demo. If you want to paint along, then this is the supply list with the list of paints and supplies that I will be using in my demo.

Paint

Purchase artist grade paint. Any brand is fine as long as it is artist grade paint. Intermixing different brands is okay. The “Hue” colors are less expensive versions of more expensive pigments and are ok to purchase.

Basic Palette:

Titanium White
Cadmium Yellow Light or Cadmium Yellow Light Hue
Cadmium Orange
Cadmium Red Medium or Cadmium Red Medium Hue
Alizarin or Alizarin Permanent
Ultramarine Blue
Viridian
Burnt Umber

Solvent

More and more artists are painting solvent free for a non-toxic experience. Painting with Linseed or Safflower oil is easy and inexpensive. Safflower and Linseed oils are both drying oils so your paintings will dry with no problem. You can clean your brushes in the oil too.

Another option is Spike oil (Lavender essential oil), which, although expensive, is non-toxic and thins oil paints similarly to Oderless Mineral Spirits. The best price I’ve found for Spike oil is at www.arttreehouse.com

If you can’t afford spike oil and don’t want to use linseed or safflower oil, then you will need at least one quart of Oderless Mineral Spirits (OMS) or Gamsol solvent.

You will also need a reservoir to contain the solvent or oil: A plastic jar with lid, or metal brush cleaner. Whatever works for you.

Painting Medium

You can paint with medium if you like. I recommend linseed oil, walnut oil or Gamblin Galkyd Light. You will also need a medium cup.

Brushes

At minimum: Hog Bristle Flats# 2, 6, 8, 12
Hog Bristle Filberts # 4, 6, 8, 12
Sable Flat #4
Sable Round #2

Hog Bristle brushes are affordable but sable brushes are expensive. Feel free to buy man-made sable brushes that are made for oil or acrylic paint.

Palette Knife

You will need a palette knife for mixing and handling paint. Buy one that has a medium sized blade (about 3" long), and that is shaped like long trowel for mixing. Other shapes will work too, but this shape and size is the most useful if you are only buying one.

Canvas or Panel Painting Supports

We will be painting at a moderate size in this class and will be spending a few weeks on each still life painting. I recommend that you buy 2 panels or canvases that are 11"x14" or 15"x20" .

Easels

If you want to paint along you should set up your easel so that you can view your laptop or tablet and paint from the image of the still life while having your palette, brushes and other equipment where you need them.

Palette

You will need a palette with an adequate mixing area, at least 11"x14".

Paper towels

Buy whatever brand works for you. You will also need to bring a plastic bag to pack out your trash.

Be sure to email me at joannemehl@comcast.net if you have any questions!