

**Description:** Painting should be fun and an outlet for your creative energy, and you should feel safe to learn in an environment that is helpful and encouraging and NOT judgmental or stressful.

## **SUPPLIES:**

### CANVAS AND PAINTING SURFACES

For learning, cheap boards and canvas panels are just fine 8x10 and 11x14 are two good sizes to start with. Stretched canvases are fine in the studio, for outdoors I prefer painting on panels.

### OIL or ACRYLIC PAINT COLORS

Please feel free to bring what you like and can get easily.

### REDS

Quinacridone Red (PV 19) or Quinacridone Violet (PV 19) -  
Transparent red-violet

Cadmium Red Light (PR 108) - Opaque orange-red or Naphthol Scarlet (PR9)

### BLUES

Ultramarine Blue (PB 29) - Transparent blue-violet

Manganese Blue (preferred) or Cerulean Blue (PB 36:1) - Opaque blue-green

## YELLOWS

Cadmium Yellow Light or Hansa Yellow or Lemon Yellow (PY 35) - Semi-transparent green-yellow

Cadmium Yellow Medium or deep (PY 37) - Opaque orange-yellow or/and Indian Yellow (HR 70) - A very transparent orange-yellow.

## WHITE

Titanium White Opaque (PW 6) - A cool white

EXTRA COLORS - **Bring a tube of both black & white acrylic** - even for oil painters!

Indian Yellow (HR 70) - A very transparent orange-yellow. I like Gamblin paints for this color.

Transparent Earth Red - A truly transparent version of Venetian Red. Excellent for glazing.

A Black of your choice (I usually mix mine) or Paynes Gray which is a nice dark blue heart black

## BRUSHES

I like Chungking Hog Bristle brushes for their strength and durability. I buy mostly flats in sizes 6, 8, 10, and 12 with one smaller size like 2 for detail work. I use these brushes for the whole painting.

## MEDIUMS FOR OILS (FOR ACRYLICS, BRING YOUR FAVORITE)

Gamblin's GAMSOL Odorless Mineral Spirits for painting and cleaning.

Gamblin's Galkyd Medium (I like the Gel Medium) to speed up drying time to as fast as 24 hours. Galkyd also makes a fantastic glazing medium.

## OTHER SUPPLIES

I always have a roll of Paper towels ready to wipe my brushes and canvas.

A Round Point Painting knife, sometimes called a Spatula or Palette knife, for mixing colors and occasionally for painting.

I like to mix my paints on a glass surface, but almost any palette can work.

When the painting is dry and ready to hang - I varnish with Gamblin's Gamvar Picture Varnish.