

## **Materials List for “Painting the Nude in Oils”**

Oregon Society of Artists  
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Everything on this list is required unless otherwise stated. Feel free to add more items if you wish, but please bring what is listed below to this class.

### **Paint**

Purchase artist grade paint. Any brand is fine as long as it is artist grade paint. Intermixing different brands is okay. The “Hue” colors are less expensive versions of more expensive pigments and are ok to purchase.

#### **Basic Palette:**

Titanium White  
Cadmium Yellow Light or Cadmium Yellow Light Hue  
Yellow Ochre  
Cadmium Orange  
Venetian Red  
Cadmium Red Medium or Cadmium Red Medium Hue  
Alizarin or Alizarin Permanent  
Ultramarine Blue  
Cerulean Blue or Cerulean Blue Hue  
Viridian  
Chromium Oxide Green  
Burnt Sienna  
Burnt Umber

### **Solvent**

More and more artists are painting solvent free for a non-toxic experience. Painting with Linseed or Safflower oil is easy and inexpensive. Safflower and Linseed oils are both drying oils so your paintings will dry with no problem. You can clean your brushes in the oil too.

Another option is Spike oil (Lavender essential oil), which, although expensive, is non-toxic and thins oil paints similarly to Oderless Mineral Spirits. The best price I’ve found for Spike oil is at [arttreehouse.com](http://arttreehouse.com)

If you can’t afford spike oil and don’t want to use linseed or safflower oil, then you will need at least one quart of Oderless Mineral Spirits (OMS) or Gamsol solvent.

You will also need a reservoir to contain the solvent or oil: A plastic jar with lid, or metal brush cleaner. Whatever works for you.

## **Painting Medium**

You can paint with medium if you like. I recommend linseed oil, walnut oil or Gamblin Solvent Free Gel. You will need a medium cup for the oil.

## **Brushes**

At minimum: Hog Bristle Flats# 2, 6, 8, 12  
Hog Bristle Filberts # 4, 6, 8, 12  
Sable Flat #4  
Sable Round #4

We will be painting larger in this class and will only use the smaller brushes for drawing and for detail work. The Hog bristle flats and filberts will be your workhorses, so if you can bring two of each, all the better. The number 12 bristle brushes should be more than 1" wide so you can paint more loosely and cover the surface quickly.

## **Palette Knife**

You will need a palette knife for mixing and handling paint. Buy one that has a medium sized blade (about 3" long), and that is shaped like long trowel for mixing. Other shapes will work too, but this shape and size is the most useful if you are only buying one.

## **Viewfinder or Value finder**

It's helpful to have a viewfinder and/or a value finder to help you see a composition and also see values. The better viewfinders are made of durable plastic with a window to look through at your composition. You can change the size and ratio of the composition by using the slider to close or open the window. I've seen them available at Amazon and on art supply sites.

A value finder helps you see values by matching the printed values along the edge of the card with the values in your composition. Sometimes you can get a viewfinder with values printed along the side so you have 2 functions in one device.

## **Canvas or Panel Painting Supports**

We will be painting larger in this class, so bring at least 1 panel or canvas to each class that is 15"x 20" or 18"x 24". Other formats are OK, square or rectangular, but in this size neighborhood.

## **Easels**

Easels are available for use in the downstairs studio at OSA, or you can bring your own. Tables are available if you need one for your palette and other supplies.

## **Palette**

You will need a palette with an adequate mixing area, at least 11"x14". Larger is better.

## **Paper towels**

Buy whatever brand works for you. You will also need to bring a plastic bag to pack out your trash.

## **Tipping the model:**

Good Models are hard to find! I ask my students to tip the models so they are happy to come and model for us. Three to five dollars is standard for a three hour class.

**A note on noise:** People have different needs regarding silence or music while they are painting. I have played music during class in the past, but only if everyone agrees on the type of music to be played. If you are sensitive to noise including talking, bring what you need so that you can work peacefully. Ear plugs are the most inexpensive solution, but earbuds or head phones with and Ipod are acceptable too.

Be sure to email me at [joannemehl@comcast.net](mailto:joannemehl@comcast.net) if you have any questions!