

## **Materials List for “Painting the Figure Outside Mini-Course”**

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Everything on this list is required unless otherwise stated. Feel free to add more items if you wish, but please bring what is listed below to this workshop.

Note: Although cost of the class includes the model fee, I encourage my student to tip the model as well. This is a standard practice at any of the model sessions in Portland and keeps the models happy to come back and work for us. Between two and five dollars per class is suggested.

### **Paint**

Purchase artist grade paint. Any brand is fine as long as it is artist grade paint. Intermixing different brands is okay. The “Hue” colors are less expensive versions of more expensive pigments and are ok to purchase.

### **Basic Palette:**

Titanium White  
Cadmium Yellow Light or Cadmium Yellow Light Hue  
Cadmium Red Medium or Cadmium Red Medium Hue  
Alizarin or Alizarin Permanent  
Ultramarine Blue  
Cerulean Blue or Cerulean Blue Hue  
Viridian  
Burnt Umber  
Pthalocyanine Blue

### **Solvent**

More and more artists are painting solvent free for a non-toxic experience. Painting with Linseed or Safflower oil is easy and inexpensive. Safflower and Linseed oils are both drying oils so your paintings will dry with no problem. You can clean your brushes in the oil too.

Another option is Spike oil (Lavender essential oil), which, although expensive, is non-toxic and thins oil paints similarly to Oderless Mineral Spirits. The best price I’ve found for Spike oil is at [arttreehouse.com](http://arttreehouse.com)

If you can’t afford spike oil and don’t want to use linseed or safflower oil, then you will need at least one quart of Oderless Mineral Spirits (OMS) or Gamsol solvent.

## **Painting Medium**

You can paint with medium if you like. I recommend linseed oil, walnut oil or Gamblin Solvent Free Gel. You will need a medium cup for the oil.

## **Brushes**

At minimum: Hog Bristle Flats# 2, 6, 8, 12  
Hog Bristle Filberts # 4, 6  
Sable Flat #4  
Sable Round #4

We will be painting looser in this class and will only use the smaller brushes for drawing and for detail work. The Hog bristle flats and filberts will be your workhorses, so if you can bring two of each, all the better.

## **Palette Knife**

You will need a palette knife for mixing and handling paint. Buy one that has a medium sized blade (about 3" long), and that is shaped like long trowel for mixing. Other shapes will work too, but this shape and size is the most useful if you are only buying one.

## **Viewfinder or Value finder**

It's helpful to have a viewfinder and/or a value finder to help you see a composition and also see values. The better viewfinders are made of durable plastic with a window to look through at your composition. You can change the size and ratio of the composition by using the slider to close or open the window. I've seen them available at Amazon and on art supply sites.

A value finder helps you see values by matching the printed values along the edge of the card with the values in your composition. Sometimes you can get a viewfinder with values printed along the side so you have 2 functions in one device.

## **Canvas or Panel Painting Supports**

Bring 4 smaller sized panels to the first class, between 6 x 8" and 9 x 12". On the second class bring 2 panels 11 x 14" in size.

## **Easel**

Bring whatever plein air set up that works for you. If you are new to plein air painting, then you will want to research the options and find something affordable and portable. French easels can be found used and are a good place to start.

## **Palette**

You will need a palette with an adequate mixing area, at least 11"x14". Larger is better.

## **Umbrella, Sunblock, Hat, Bug Spray**

Painting outside is challenging enough without the added distractions of sunburn, bug bites or heat stroke. Protect yourself and it will be so much easier to focus.

## **Paper towels**

Buy whatever brand works for you. You will also need to bring a plastic bag to pack out your trash.

## **Stay Hydrated**

We will be having a one hour break for lunch, so bring your chosen food along. Make sure you have enough to drink to stay hydrated for the entire day.

**A note on noise:** People have different needs regarding silence or music while they are painting. I have played music during class in the past, but only if everyone agrees on the type of music to be played. If you are sensitive to noise including talking, bring what you need so that you can work peacefully. Ear plugs are the most inexpensive solution, but earbuds or head phones with and Ipod are acceptable too.

Be sure to email me at [joannemehl@comcast.net](mailto:joannemehl@comcast.net) if you have any questions!